



HELLENIC REPUBLIC

**National and Kapodistrian
University of Athens**

**SCHOOL OF PHILOSOPHY
Faculty of Philosophy, Pedagogy and Psychology
Department of Psychology**

Vasileios G. Pavlopoulos

Assistant Professor of Cross-Cultural Psychology

Psychology of Immigration (PSY19)

Description

Psychology of Immigration is an elective course for Psychology students. It is taught in the spring semester (3 hours per week) and it corresponds to 3 credits according to the ECTS system.

Content

Culture contact within and between societies; theoretical approaches: culture learning, stress and coping, social identification theories; acculturation and adaptation of immigrants: acculturation models and strategies; development of ethnic identity acquisition; immigration and mental health; resilience and vulnerability of immigrant adolescents: risk and protective factors; immigration research in Greece: Albanian immigrants, Pontian remigrants, second generation immigrants; counseling and interventions with immigrants.

Grading

Based on (a) a 3-hour written exam, or alternatively (b) a written assignment, i.e. a long essay comprising literature review or a research project on a specific topic. A 10-point scale is used (where 10='excellent', 5='pass', 1-4='fail').

Basic texts

Chrysochoou, X. (2004). *Cultural diversity: Its Social Psychology*. London: Blackwell.
Ward, C., Bochner, S., & Furnham, A. (2001). *The psychology of culture shock*. Hove, UK: Routledge.